

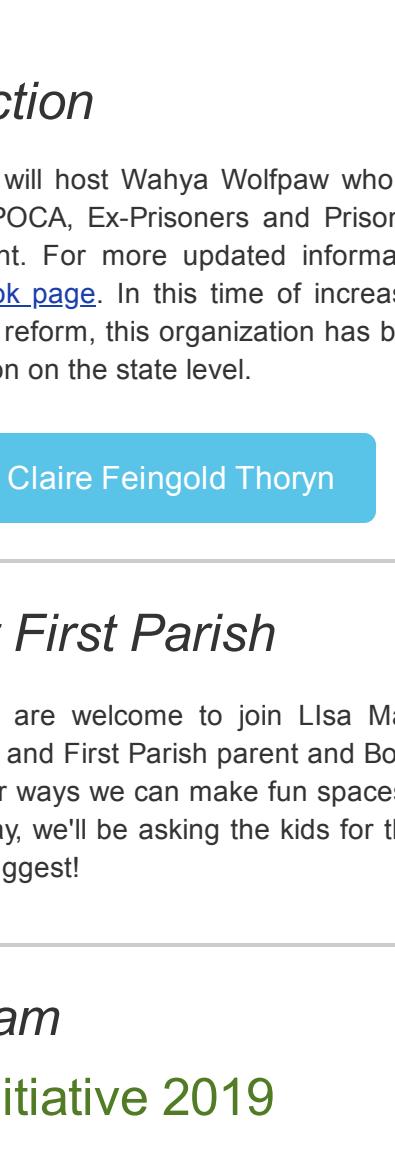


## Weekly Update Wednesday, February 6, 2019 First Parish in Lexington

### Worship Service at 10:30 AM Sunday, February 10, 2019

#### "Face Time"

This Sunday, Rev. Helen Lutton Cohen, Minister Emerita, will preach about conversation: the conversation that is central to congregational life, a conversation among the minister and other staff members and the congregation, and the conversation between us as individuals and as a community with the larger world, including families and friends, neighbors and strangers, people around the earth (and animals, trees, the earth itself). "Conversation" meaning "a turn toward and with." How do we carry on this conversation in the age of digital technology and the omnipresence of social media? This piece of the conversation has been sparked by many other people (and animals and trees).



Soprano Janet Simpson, horn player Erik Svenson, and guest pianist Sarah Hager will provide music for worship. Rip Jackson and the sanctuary choir will be making music at Follen Church with their choir and musical director. Janet will sing Eden Abez's lovely "Nature Boy" and Loewe and Lerner's popular "I've Grown Accustomed to his Face" (from *My Fair Lady*). Erik Svenson will play Johannes Brahms's spirited "Scherzo" (from *Serenade in D, Op 11*) and Alexander Glazunov's lyrical "Reveries, Op 24." Sarah Hager will also play Claude Debussy's ethereal "Arabesque No. 1."

There will be Sunday school for grades Pre-K through eight. The nursery will be open for infants and toddlers.

#### Special Plate Collection



This Sunday for our plate donation we will host Wahya Wolfpaw who will speak briefly about the organization EPOCA, Ex-Prisoners and Prisoners Organizing for Community Advancement. For more updated information folks might want to go to their [Facebook page](#). In this time of increasing debate about criminal justice and prison reform, this organization has been working hard to help families directly and advocate for legislation on the state level.

[Click here to listen to last week's sermon by Rev. Claire Feingold Thoryn](#)

#### Discussion on Playspace at First Parish

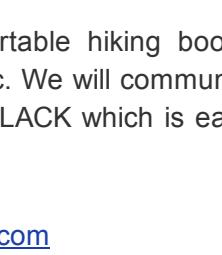
On **Sunday, February 10th at 11:45** in Robinson Hall, all are welcome to join Lila Maria Steinberg, Director of Religious Education and Family Ministry, and First Parish parent and Board Member Brian Herrick in brainstorming and gathering ideas for ways we can make fun spaces at First Parish for kids of all ages. During Sunday School that day, we'll be asking the kids for their ideas- and we'll start our time together by sharing what they suggest!

#### Climate Action Team

#### A Planet for Our Children Initiative 2019

**Sunday February 10<sup>th</sup> - Noon** - Green Action Forum

With Mark Sandeen, Sustainable Lexington



Sustainable Lexington is a Town committee appointed by the Board of Selectmen to enhance Lexington's long-term sustainability and resilience in response to environmental resource and energy challenges. Work includes the following: recommend sustainability goals, priorities for implementation, and implementing programs, monitor and measure effectiveness of sustainability programs undertaken by the town, educate and raise awareness among Lexington residents regarding Lexington's sustainability and resilience. All are welcome to join us for discussion.

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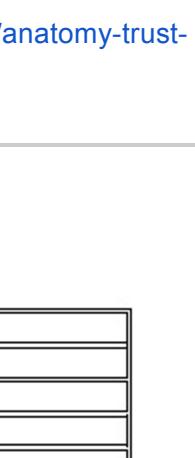
**Sunday, February 24th at Noon.** *Justice on Earth* book discussion with Rev. Anne Mason. Conversation will focus on Chapter 12, The Journey of Partnering for Justice by Deborah Cruz and Alex Kapitan. Whether you have read the book or not come and be inspired by the conversation.

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#### Green Action Forum

With Gilbert Metcalf, author of *Paying for Pollution*:

*Why a Carbon Tax is Good for America*



**Rescheduled to Friday, April 12th at 7:00pm**

More information coming soon!

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#### Words to move the spirit

*"The same stream of life that runs through my veins night and day runs through the world and dances in rhythmic measures . . . my pride is from the life throb of ages dancing in my blood this moment"*

~Rabindranath Tagore

#### Unity Group Luncheon

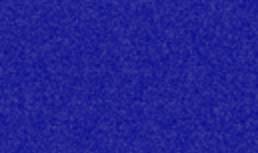


All are welcome to the monthly luncheon of the Unity Group this **Monday, February 11<sup>th</sup> at 12:00pm** in the Parker Hall. Please bring your own lunch. If your last name begins with D to H, please bring a dessert to share.

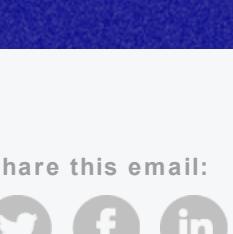
This month's program features our tenor section leader, Austin Burns, who will be performing Irish songs from his repertoire. Austin is a performer and composer and the founder of Sole Durato, an ensemble consisting of singers, guitarists, pianists, and percussionists.

#### UU Urban Ministry Event

All are invited to join members of First Parish at the UU Urban Ministry's and Roxbury Cultural Network's presentation of "We Who Believe in Freedom: A Reading Series with Mimi Jones." This is a community supper and facilitated reading featuring selections from Dorothy Height's *Open Wide the Freedom Gates*, in conjunction with Dr. Carter G. Woodson's *Mis-Education of the Negro*. The event will take place on **Tuesday, February 12th at 6pm** at the First Church in Roxbury, a beautiful, historic church at 7 Eliot Square. Learn about the wonderful and important work of the UU Urban Ministry, as we build a stronger bond them. Carpooling will be available. If you'd like to come, please email [Lee Jeffers Brami](#).



#### All-Seasons Walking/Snowshoeing Group



Do you like walking outdoors ALL YEAR ROUND???

Allow nature to awe you at every season! Join other like-minded friends for a monthly walking/snowshoeing group, as weather permits. Our goal is to walk three miles round trip in nearby trails (never on the road), woods, etc. on the second Wednesday of each month at 9:30am. We will allow at least two hours for each walk. Walks will be cancelled due to rain or very cold weather.

**Start date: Wednesday, February 13, 2019, at 9:30 in Parish Hall for a brief meeting.**

Please wear layers appropriate for the season, a good pair of comfortable hiking boots or sneakers with good tread, a small back pack/carryon for water, tissues, etc. We will communicate via email for now. If there is an interest we can use a platform such as SLACK which is easy to learn and much more efficient. We can all learn it together!

Contact Gabriella Muscolo with any questions: [gabriella@gabriellamuscolo.com](mailto:gabriella@gabriellamuscolo.com)

#### Focalpoint - Spring 2019

It's time to start planning publicity for Spring 2019 at First Parish! The Focalpoint will be published on March 1st, with a **deadline for submissions on Friday, February 22nd** (although early submissions are appreciated!). Please send information about programs and events to be held in March, April, and May.

#### THE FOCALPOINT

[Please email information to Jane Foley in the office.](#) Thank you!

#### Soul Matters for February - Trust



I've come to trust not that the events will always unfold exactly as I want, but that I will be fine either way. —Marianne Williamson

You may be deceived if you trust too much, but you will live in torment if you don't trust enough. —Frank Crane

What is trust for us as UU's? Trust life to pick us up? Trust life to push and poke us? Trust that it's ok to put the work down for a while? It is all of them, of course. And more.

But maybe it's mostly about trusting that we'll know which call is right for us. Maybe it's about having faith in ourselves and not letting anyone tell us what we need to trust.

Check out: The Anatomy of Trust Brené Brown <https://brenebrown.com/videos/anatomy-trust-video/>



First Parish is an accredited Green Sanctuary and a Welcoming Congregation.

[">>>> Shop at Amazon to benefit First Parish. <<<](#)



First Parish in Lexington

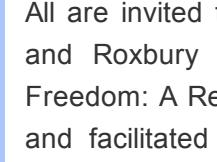
7 Harrington Road, Lexington, MA 02421

781-862-8200/fplex.org

*Weekly Update submissions are due on Tuesdays at 9:00 am.*

*Please email submissions or inquiries to [admin@fplex.org](mailto:admin@fplex.org).*

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