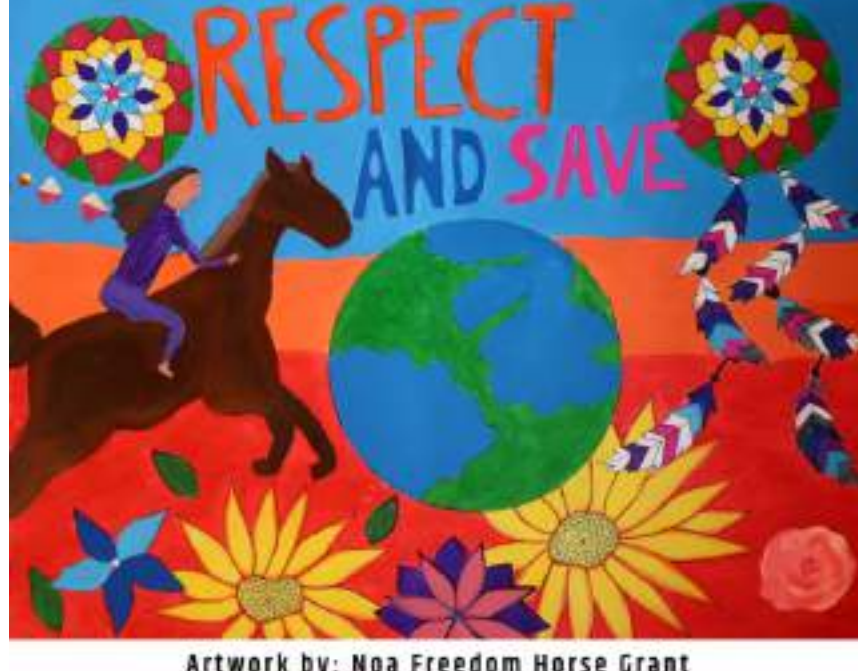




FIRST PARISH IN LEXINGTON A UNITARIAN UNIVERSALIST CONGREGATION

Tuesday, October 6th 2020



Artwork by: Noa Freedom Horse Grant

Upcoming Worship Service

Sunday Oct 11th @ 10:30 AM — Earth Wisdom

We have much to learn from the natural world around us, if we only have ears to listen. Today **Lee Brami**, **Carolyn Fleiss** and **Rev. Anne** will share reflections on the inspirational writings of **Robin Wall Kimmerer**, who is a mother, scientist, decorated professor, and enrolled member of the **Citizen Potawatomi Nation**.

Livestream: [YouTube.com/C/FPLexington](https://www.youtube.com/c/FPLexington)

MUSIC: This Sunday, we welcome guest pianist **Sarah Hager**, our tenor soloist **Nate Ramsayer** and guest flautist **Ashley Gryta**. Nate will sing the mystical Native American chant "On the Dusty Earth" and Leonard Bernstein's poignant "Simple Song" (from his *Mass*). And for the piano music for the service, Sarah Hager will play "The Sapion," "The Birch Tree" and "The Solitary Fir" from Jean Sibelius's *Five Pieces for Piano, Op.75*.

Please note: NO CHILDREN'S CHOIR rehearsals this Sunday.



In Memoriam: Elandria Williams

(July 13, 1979 — September 23, 2020)

"What is lifting up my spirit is holding that I am unbound. What is lifting up my spirit is that I will break the chains. What is lifting up my spirit is that I am deserving of a 100% radical love, care and worthiness. And I will accept nothing less."

— **Elandria Williams**, Source: United States Federation of Worker Cooperatives (USFWC)



Note of Gratitude

Dear First Parish members:

On behalf of the **Lexington Farmers' Market board** and **Ashley Wenger, Market Manager**, I want to thank you for welcoming Ashley and me to the First Parish worship service **Sunday, September 27**. We were so grateful to have the chance to share the story of the LFM's outreach to those who are **struggling in these challenging times**.

Thanks to you, the LFM will be able to help **120 individuals and families in need** through the **SNAP Match program**, enabling those who are food insecure to fill their tables with healthy, local food. In a time of uncertainty and increasing demand, you are supporting the LFM's ongoing commitment to all members of the community, regardless of economic status. **We are overwhelmed by the response and so thankful for your generosity.**

The Lexington Farmers' Market prides itself on **being inclusive, thoughtful, and responsive** to community need. We work to bring in the best farmers and vendors, support local agriculture and small businesses, and create a welcoming market. Thank you for being part of those efforts and for your **continued commitment** to all in our community. We look forward to seeing you at the market!

Leslie Wilcott-Henrie
LFM Board President



Climate ACTION Team

Raising Climate Emergency Banner

As part of First Parish's Climate Action Team we hope you will join* us this **Friday, October 9th at 9:30 AM** on the front steps of the church for the raising of the **Climate Emergency Banner**. We'll be taking a photo / video of all of us under the banner which will be shown to the congregation this Sunday at worship. Our many thanks to **Jim Gross** who has agreed to help us hoist the banner. The banner was designed by **Noa Freedom Horse Grant**, a young local Lakota Sioux artist.

*Physically distanced and masked gathering



Meeting: **Thu, OCT 8th 7:00 - 8:30 PM**

Join us for our monthly **Racial Justice Team meeting**. Our discussion will include the **8th Principle** project. Join via [ZOOM](#) Or dial in (646) 876-9923 Meeting ID: **952 3700 6379** Questions? Email: JoAnn.Mulready-Shick.



Soul Matters SHARING CIRCLE

OCT Theme

"What I learned is, we have to listen to each other, even when we don't agree, even when we think we hate each other. We have to listen to each others narratives. Not interrupt defensively, or with hostility, but really try to open our hearts and listen with empathy.

I learned so much from that meeting. It was a very difficult thing to do and it was one of the best things that I ever did in my life. Look what scares you in the face, and try to understand it. Empathy, I have learned, is revolutionary."

— **Jane Fonda**



Parents+Caregivers Check-In Group

Returns **TONIGHT!!**

All parents and caregivers are invited to our Tuesday evening check-in- we'll connect about how back-to-school is going and what we're doing to keep ourselves moving forward these days.

October 6th 7:30 - 8:30 PM ZOOM

Got a 7th or 8th Grader?

Have your Junior High Youth hop on Zoom for JHYG (Junior High Youth Group) on the **2nd and 4th Tuesdays** of the month **6:00-7:00**, starting up on **Oct 27th**.

Lisa Maria will run the program as a space for our 7th and 8th graders to stay connected, get support on life in these difficult times, fun games, and UU faith development and personal spiritual growth woven into our time together.

— **Lisa Maria, DRE FM**



Did you know that episodes of **DRE FM Radio** are about **10-12 minutes each**? Designed as a weekly reset for the family, these videos are for the whole family to watch and engage with together. This week's episode comes to you from my kitchen and is about the **magic of yeast** and spiritual practices.

New episodes out every Friday!

Staff Hours



Rev. Anne Mason, Minister
Schedule an appointment

E-mail: Minister@FPLex.org



Lisa Maria Andreoli Steinberg, Director of Religious Education
Sun to Thu, Call / Text:
(781) 535-7050

Email: DRE@FPLex.org



Rip Jackson, Music Dir.
Sun to Thu: 9:00 - 4:00

Email: Music@FPLex.org



Pratik Mamtara, Admin
Mon to Fri: 9:00 - 4:00

Email: Admin@FPLex.org

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