



FIRST PARISH <sup>IN</sup> LEXINGTON  
UNITARIAN  UNIVERSALIST

Tuesday, December 8th 2020



Friday, Dec 11th — Light Into The Night

Once a week we will join together in the gathering darkness to reflect, to read, to share, and to navigate our preparations for the Winter Holidays with all of the restrictions that are upon us.

Friday afternoons: Dec 11 & 18  
@ 4:30 PM via [ZOOM](#)

Led by Rev. Anne Mason.



Soul Matters  
SHARING CIRCLE

Dec Theme: Stillness

"Stillness is not the absence or negation of energy, life, or movement. Stillness is dynamic. It is unconflicted movement, life in harmony with itself, skill in action. It can be experienced whenever there is total, uninhibited, unconflicted participation in the moment you are in—when you are wholeheartedly present with whatever you are doing."

— Erich Schiffmann



TODAY: Holly & Ivy!

Sunday, December 6th 2020

Our Soul Matters theme calls us to find a place of **STILLNESS**; not to escape from the world, but to help us see what is most important. Dec 13th morning **Rev. Anne Mason** will help us explore what it is that truly deserves our focus and our worship. As **Rev. Dr. Lynn Ungar** wrote:

*Don't tell me to be calm  
when there are so many reasons  
to be angry...  
I didn't say to be calm, said the wind,  
I said to breathe.  
We're going to need a lot of air  
to make this hurricane together.*

**Livestream:** [YouTube.com/C/FPLexington](https://www.youtube.com/C/FPLexington)

**MUSIC:** Our bass soloist **David Meharry** will sing Gustav Holst's gentle song "The Heart Worships." **Nate Ramsayer**, our tenor soloist, will sing the lyrical song "All is Well" by Michael W. Smith. **Rip Jackson** will sing Loreena McKennitt's ethereal arrangement of the Irish "Wexford Carol." For the centering music and offertory **Rip Jackson** will play Sally DeFord's lyrical arrangement of the Austrian carol "Still, Still, Still" and Handel's "Pifa" (from Messiah).



You know me (**Maureen Bovet**) as a plant person, however in this extraordinary year I am planning to do some extra holiday decorating. I am no expert decorator but I am ready to up my game this year! Let's put our heads and hearts and hands together on two dark early December afternoons to talk about holiday decorating ideas for our homes. I will present some things I'll be doing along with opening up discussions of your ideas. **Tuesdays Dec 8th & 15th @ 4:30 PM** @ our current community meeting place, Parish Hall of [ZOOM](#).



**Wanted: Your Unwanted Decorations**

**Lights, Wreaths, Ribbons, Wrapping Paper...**

As you deck your halls and doors, you may come across decorations you don't need or want. **Please drop them off at FPLex.** Our admin, **Pratik Mamtora** will use them to decorate the office and the church building.

**Religious Education & Family Ministry**  
FIRST PARISH IN LEXINGTON — A Unitarian Universalist Congregation

**Family Update**

**Christmas Armistice**

**Info Session on [ZOOM](#)  
TONIGHT at 7:30  
Parents and Caregivers as  
Sexuality Educators Small**



Catch the latest episode of DRE FM Radio! Gather the family around- kids, teens, parents, special grown ups, elders - to watch our Family Chapel series from our **Director of Religious Education and Family Ministry** (DRE FM!) Lisa Maria Andreoli Steinberg. This week's episode is a story written by Lisa Maria containing a true story (with creative liberties) about a Christmas Armistice in WWI in Ypres, Belgium. **Episodes:** [YouTube](#) OR [Soundcloud](#)



Meeting Thu, Dec 10th @ 7-8:30 PM

Join us for our monthly meeting. Our discussion will include the 8th Principle project, MLK Day, UUUM, and more.

Join via [ZOOM](#)  
Meeting ID: 952 3700 6379  
Dial in: (646) 876 9923

Questions? Email: [JoAnn Mulready-Shick](mailto:JoAnn.Mulready-Shick)

## Group

As we cannot do Our Whole Lives online for elementary or Jr High OWL, I'd like to offer a small group program to our parents to support one another in exploring your role as the most important sexuality health educator your children will have. We'll have an info session on Tuesday December 8th at 7:30. If you cannot attend the info session but are interested, please contact me so we can set up a time to connect.

**JHYG Meets TODAY and 12/22 on [ZOOM](#) @ 6:00 - 7:00 PM**

Have your Junior High Youth (7th and 8th grades) hop on Zoom for JHYG.

We meet 2nd & 4th Tuesdays of the month 6:00-7:00.



## One Earth

There are no small parts — let's do our part in many small ways:

- Use matches instead of propane lighters to light candles, fires, etc.
- Turn on an led light in a basket to add warmth to your room instead of using fireplace.
- Use pencils or refillable pens instead of throw away single use pens for writing.
- Call or write to your legislators to encourage support of the National Plastics Bill and to introduce a similar state bill to limit and control the use and to increase recycling of plastics.

Please let us know what you do to help our earth. Send us a photo or some words — We'll gladly include them!

**WINTER COAT DISTRIBUTION**

DISTRIBUTING COATS FOR MEN, WOMEN AND KIDS 2T AND UP  
NEW AND GENTLY USED COATS

THURSDAY  
DECEMBER 10  
2PM TO 5PM  
ST. MARY'S CHURCH  
133 SCHOOL ST

QUESTIONS?  
CONTACT BRIANNA  
BRIANNA@WATCHCDC.ORG

CO-SPONSORED BY:

**WATCH CDC**

WATCH is hosting a coat distribution on Dec. 10 and 19. Please spread the word that **WATCH can use any gently worn winter coats kids, women and men.**

Coats can be dropped off at the end of the driveway of **Daria Gere, 26 Hillcrest Road, Waltham MA** any time before Dec. 18th!

We can also accept new coats purchased online and shipped to the above address. All will go to low-income Waltham tenants struggling with job loss due to COVID.

Office: **(781) 862-8200** | [www.FPLex.org](http://www.FPLex.org)



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Town of  
**Lexington**  
Massachusetts

*Virtual Active Bystander Training*

*This training will help bystanders understand how they can safely interrupt harmful situations and encourage more positive actions by others. This helps us feel a sense of agency in life and see opportunities for taking responsible action to help people in need instead of remaining passive and complicit.*

**Wed, Dec 9th @ 2:00 - 4:30 PM**  
[Register HERE](#)

*Participants will learn when and how to act when witnessing something is unfair, wrong, or troubling. Sponsored by the **Human Services Department** and the **Human Rights Committee.***