



FIRST PARISH IN LEXINGTON
UNITARIAN  UNIVERSALIST

Tuesday, December 29th 2020



And a Partridge in a Pear Tree

Absolutely not! It is NOT too late to join in on these wonderful activities...

Sat, 12/26

- Video chat with a friend & share holiday music

Sun, 12/27

- Join for Dan Fenn's Reading of Dickens' A Christmas Carol @ 10:30

Mon, 12/28

- Meatless Mondays! Make a plan for plant-based meals 2021

Tue, 12/29

- Don't have a Chalice? Create one or make a plan to get one

Wed, 12/30

- Bundle up & go walking meditation or hike in nature

Thu, 12/31

- Write down everything that went wrong in 2020 & BURN IT (safely)

Fri, 1/1

- Eat good luck foods: black eyed peas, lentils, noodles

Sat, 1/2

- Fill your kindle or reading list with books written by BIPOC authors

Sun, 1/3

- Join your First Parish Family in worship on Zoom @ 10:30

Mon, 1/4

- Talk with friends & family about plans to be actively anti-racist

Tue, 1/5

- Count up every extra food or household item & donate \$1 per item to Lexington Food Bank

Wed, 1/6

- Donate to local animal shelter or make winter treats for birds

Share your experiences of the activity on our [NEW GROUP CHAT!](#)



Sunday, January 3rd 2021 @ 10:30 AM

We are all ready to let go of 2020. On this first Sunday of the New Year, we will release the grip of the past with a ritual burning. What you would like to let go of? Please [email](#) our Minister, **Rev. Anne Mason** and she will read it during the service. Let's ready ourselves with new hope, new life, and new health in **2021**.

Livestream: [YouTube.com/C/FPLexington](https://www.youtube.com/C/FPLexington)

MUSIC: Soprano soloist **Elizabeth Walsh** will sing Kristen Anderson-Lopez and Robert Lopez's thrilling and iconic song "Let it Go" (from *Frozen*) and Eddie "Piano" Miller and Robert Yount's passionate song "Please Release Me" (made famous by Engelbert Humperdinck). Guest pianist and singer **Sarah Hager** will play Laura Wasson's lyrical arrangement of "Morning Has Broken," Larry Shackley's lyrical arrangement of "Be Thou My Vision" and a rousing solo piano reprise version of "Let it Go."



Dec Theme: Stillness

"I woke up early and took the first train to take me away from the city. The noise and all its people. I was alone on the train and had no idea where I was going, and that's why I went there. Two hours later we arrived in a small town, one of those towns with one single coffee shop and where everyone knows each other's name. I walked for a while until I found the water, the most peaceful place I know. There I sat and stayed the whole day, with nothing and everything on my mind, cleaning my head. Silence, I learned, is some times the most beautiful sound."

**— Charlotte Eriksson,
[You're Doing Just Fine](#)**



Racial Justice Team

First Parish in Lexington, UU

Book Group: How To Be An Antiracist

Sundays, January 24th & 31st + February 7th & 14th @ 2:00 PM – 3:30 PM

Join via **ZOOM** Meeting ID: **991 3802 5030**

Ibram X. Kendi's concept of antiracism reenergizes & reshapes the conversation about racial justice in America. In his memoir, **How to Be an Antiracist**, Kendi weaves together an electrifying combination of ethics, history, law, and science—including the story of his own awakening to antiracism—bringing it all together in a cogent, accessible form. Join the members of **Racial Justice Team** in this engaging Book Discussion Group.

**Volunteer Virtually
By Phone Banking
For Food Access**

**HUNGER
FREE
AMERICA**

1/6/2021

5:30 - 7:30 PM

Register here:

<https://bit.ly/3rzvK0R>

Lexington Interfaith Volunteers



Hunger Free America Phone Bank

You are invited to an interfaith collaboration with Temple Emunah, Follen Church, First Parish, Hancock Church, Temple Isaiah, the Lexington Catholic Community of St. Brigid and Sacred Heart Parishes, & Repair the World:

January 6th, 5:30-7:30pm

Register [HERE](#)

Volunteer with HFA and Repair the World to help connect families to food assistance! HUNGER FREE AMERICA is a nonpartisan, national nonprofit group working to enact the policies and programs needed to end domestic hunger and ensure that all Americans have sufficient access to nutritious food. During the COVID-19 pandemic, countless families have faced unprecedented circumstances that have caused financial strain and limited access to basic amenities like food and shelter. The HFA's Phone Banking initiative serves to connect families with information and resources to support them during these times.

Questions: please contact **Alisa Kotler-Berkowitz** at 205alisa@gmail.com.



UNITARIAN UNIVERSALIST
CHURCH OF READING

Beyond Ivy Chord

...celebrating culture through a social justice lens

FEATURING:
**The
Performing
Project**

JANUARY 9th, 2021
4:30 - 6:00 PM via Zoom

Recommended
Donation: \$20 per
household
Register at:
uureading.org/beyondivychoord

Short theatrical works and musical performances composed and performed by The Performing Project's graduating youth and college alumni.

ONE Earth

Look up www.ZeroWasteHome.com for an exhaustive list of green products and substitute products and habits. Share these ideas with your friends and family.

Holiday Time

- Wrap presents with recycled paper bags or newspaper decorate with stamps, etc.
- Consider giving items you already own (re-gifting), making consumable gifts (e.g. food, candles) or sharing the promise of an experience in place of store bought gifts.
- When possible choose wood, paper and metal items over plastic
- Use rechargeable batteries and LED bulbs to reduce waste and save energy.

Contact Us:

[Debbie Fortin](#) OR [Bobbie Hodson](#)



Rainbow Artists

Creative self expression with a community of peers

For LGBTQ+ children/teens and allies (grouped by age)

Groups will meet twice monthly (starting mid-late January)

How it works:

1. Register to express your interest: <https://forms.gle/deQUWC8CuptNcey9A>.
 2. Each month we will provide a list of supplies needed.
 3. If you don't have access to supplies, email us to arrange to pick up supplies.
 4. Join us on Zoom!
- Questions? Email us at LexPrideMA@gmail.com.



LEXPRIDE



Noah Stang-Osborne
(They/them)
LexPride Board Member
Art Therapy Student



Marina Strauss (She/her)
Expressive Arts Therapist
Licensed Mental Health
Counselor

Office: (781) 862-8200 | www.FPLex.org



First Parish in Lexington | 7 Harrington Road, Lexington, MA 02421

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