



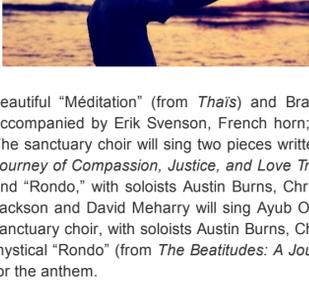
## Weekly Update Wednesday, March 27, 2019 First Parish in Lexington

### Table of Contents

- [Worship Service](#)
- [RE Volunteers needed](#)
- [March Donation Drive](#)
- [Steel Drum Demonstration](#)
- [Membership Class, Part 3](#)
- [Climate Action Team](#)
- [Vegan/Vegetarian Potluck](#)
- [Vivaldi Spring Concert](#)
- [Mini Mayfair Workshops](#)
- [Wednesday Walking Group](#)
- [Hand in Hand Cafe](#)
- [The Great First Parish Bake Off](#)
- [This Week at First Parish](#)

### Worship Service at 10:30 AM Sunday, March 31, 2019

#### "Spiritual or Religious?"



We often hear the question: "Tell me about your Spiritual Journey." But what does that really mean? For here we are as members of a Unitarian Universalist Church, but many of us say we do not believe in organized religion. Spoiler alert: the opposite of organized religion is not dis-organized religion!

This Sunday, there will be diverse and festive music including steel drums and original compositions by Rip Jackson. Guest steel drum player Jen Cohen will play Jules Massenet's beautiful "Méditation" (from *Thaïs*) and Brad Shores's jazzy "Steelin' the Blues." She will be accompanied by Erik Svenson, French horn; Alex Griggs, electric bass and Eric Vincent, guitar. The sanctuary choir will sing two pieces written by Rip Jackson (from his 2010 *The Beatitudes: A Journey of Compassion, Justice, and Love Triumphant*): "The Meek," with soloist Elizabeth Walsh and "Rondo," with soloists Austin Burns, Chris Hess, Julia Jaffe and Liz Savir. Austin Burns, Rip Jackson and David Meharry will sing Ayub Ogada's haunting Kenyan cattle song "Kothbiro." The sanctuary choir, with soloists Austin Burns, Chris Hess and Julia Jaffe, will also sing Rip Jackson's mystical "Rondo" (from *The Beatitudes: A Journey of Compassion, Justice, and Love Triumphant*) for the anthem.

There will be Sunday school classes for grades Pre-K through eight. The nursery will be open for infants and toddlers.

### RE Volunteers Needed this Sunday

Seeking parents and non-parents to help in our classrooms this Sunday. Please sign up on this [Sign Up Genius](#). Questions? Please be in touch with [Lisa Maria](#).

### Final Sunday for March Donation Drive



A reminder to please bring in personal care products for the Lexington Interfaith Food Pantry, including shampoos, lotions, dental care products, and other toiletries. Products containing alcohol or hotel sized items will not be accepted. Items can be placed in the baskets in the sanctuary.

### Steel Drum Demonstration

**This Sunday, March 31st**, after the service we will have the opportunity to hear AND play the steel drums in the sanctuary. Rip's friend, Jen Cohen, will be joining us to play pan during the service. She will talk about the role of pan in Trinidadian culture, and following the service and coffee hour at noon she'll give an interactive demonstration. Jen is passionate about teaching pan as a way to bring people together, and through her company, Calypso Connections, she leads musical team building workshops throughout New England. As she says on her website, [www.calypsoconnections.com](http://www.calypsoconnections.com), give people a chance to tap on some drums together and you are well on your way to building community.



### Membership Class, Part 3



The next Membership class will take place this **Sunday, March 31st** from 11:45 - 1. If you are new to First Parish or Unitarian Universalism and want to know more, we would love to have you attend and meet others over a light luncheon. Rev. Anne will be leading the session. The topic will be Deeds not Creeds and will include UU Theology and Social Justice.

Please let us know if you can attend so that we will be sure to have enough food for one and all! [RSVP to Dave Horton](#) by **Thursday, March 28th**.

### Climate Action Team

The next Climate Action Team meeting is this **Sunday, March 31st at Noon** in the parlor. On the agenda: Planning for coming events and review recent actions.



Please join us on **Friday, April 12th at 7pm** when we welcome Prof. Gilbert E. Metcalf, author of "Paying for Pollution: Why a Carbon Tax is Good for America." Prof. Metcalf argues that there is a convergence of social, economic, environmental, and political forces that provides an opening for a new approach to climate policy, one based on market principles that can appeal to politicians across the political spectrum. All are welcome to engage in discussion about this important climate justice issue.

Our Climate Action Team (CAT) will be sponsoring a vegan/vegetarian potluck right after church services on **Sunday, April 14th**. Please sign up at the piano during social hour. If you have a great recipe, please cook it up for us. If you want recipes, please stop by the CAT table and we'll have recipes from some FP staff, members, and friends. Also, please send [Bobbie Hodson](#) copies of recipes others would enjoy and she'll make copies available for all. Rip will talk with us at the potluck about his experiences being vegan.

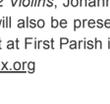


### Words to Move the Spirit

*"If every U.S. Citizen ate just one meal a week (any meal) composed of locally and organically raised meats and produce, we would reduce our country's oil consumption by over 1.1 million barrels of oil every week. That's not gallons, but barrels. Small changes in buying habits can make big differences."*

— Steven L. Hopp (in *Animal, Vegetable, Miracle* by Barbara Kingsolver)

### Vivaldi's Gloria - First Parish Spring Concert



**Vocal and orchestral music by Bach, Handel, Hertel, Purcell and Vivaldi**

**Sunday, April 7, 2019 at 3:30 PM - Freewill Offering**

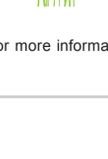
**First Parish in Lexington**

**7 Harrington Rd., Lexington, MA**

First Parish in Lexington will present a concert of Antonio Vivaldi's *Gloria* and other vocal and orchestral music on Sunday, April 7, 2019 at 3:30 PM. The concert will feature the First Parish sanctuary choir, soloists, guest singers, and a baroque orchestra playing on period instruments directed by harpsichordist Rip Jackson with Christina Day Martinson as concert master. Vivaldi's *Concerto for 4 Violins* and *Concerto for 2 Violins*, Johann Hertel's *Concerto for Oboe and Trumpet* and arias by Handel, Purcell and Bach will also be presented at the concert. A freewill offering will be taken to benefit the music department at First Parish in Lexington. For more information call the church at 781-862-8200 or visit [www.fplex.org](http://www.fplex.org)

### A Call for Mini Mayfair Shops

Our annual spring FUNdraiser will look different this year. The main event, The Great First Parish Bake Off (Saturday, May 4th), will feature delicious baked goods to taste and to buy. In addition, "shops" will be selling jewelry as we used to at Mayfair (so please begin saving your jewelry!).



A NEW addition will be a boutique featuring crafts made by our many skilled FP artisans. **To all crafters:** needle workers, beaders, woodworkers, collage makers, sketchers, painters, potters, etc., please consider donating a small item you have made (or can make by May 4th). Email [Joanne Poage](#) for more information or to let her know what you would like to donate.

### Wednesday Walkers



Hello, walkers! If you're interested in joining a walking group, which meets on the 2nd Wednesday morning of each month (next one April 10th), please send your name, email, and phone number to [Gabriella Muscolo](#). If she already has your name and email, no need to send it again. Information about the walk will go out about one week prior to the walk.

Starting in April, all information about the walk will go **directly to those who signed up**. Gabriella will no longer be using FPchat or Weekly Update to communicate with this group.

For safety reasons, and also to take into consideration the parking at the trail heads, the group will be limited to 10 people for each walk. At times we may meet at the First Parish parking lot and car pool to the trail head.

"In every walk with nature one receives far more than he seeks."—John Muir

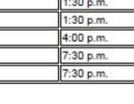
### Hand in Hand Café

The next LexRAP *Hand in Hand Cafe* will be on **April 13 at 6:00pm** at First Parish. Please go to the [Eventbrite link](#) and purchase tickets if you would like to go.



Join in a delicious way of bringing people together across a cultural divide to enjoy good food while also empowering refugee women to support their families and build strong friendships.

### The Great First Parish Bake Off is Coming!



**SAVE THE DATE!**

**SATURDAY, MAY 4th, 2:00-5:00pm**

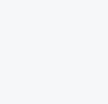
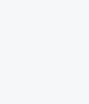
**BAKING CONTEST**

for all ages with prizes

games, raffles, food, wine and craft beer, music, artisan and Mayfair boutique

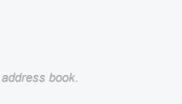
### This Week at First Parish

<b>Wednesday, March 27<sup>th</sup></b>		
Deborah Abel Dance Class	1:30 p.m.	Parish Hall
Spanish Academy of Lexington	4:00 p.m.	Staples Hall
LYFS Parent Group	6:30 p.m.	Green Room
Choir Rehearsal	7:30 p.m.	Sanctuary
Master Singers Rehearsal	7:30 p.m.	Parker Hall
Climate Action Team	7:30 p.m.	Common Room
<b>Thursday, March 28<sup>th</sup></b>		
Meditation Group	4:00 p.m.	Parlor
Scrabble Club	7:30 p.m.	Parker Hall
<b>Friday, March 29<sup>th</sup></b>		
Lex Pride teen drop-in	5:00 p.m.	Green Room
<b>Saturday, March 30<sup>th</sup></b>		
Sharing a New Song Event	8:30 p.m.	Parish Hall
<b>Sunday, March 31<sup>st</sup></b>		
Worship Service	10:30 a.m.	Sanctuary
Children's Choir Rehearsal	11:45 a.m.	Yellow Room
Membership Class	11:45 a.m.	Parker Hall
OWL 5/6 grade class	3:00 p.m.	Parker Hall
<b>Monday, April 1<sup>st</sup></b>		
Deborah Abel Dance Class	3:30 p.m.	Parish Hall
Members & Friends Committee	7:00 p.m.	Common Room
<b>Tuesday, April 2<sup>nd</sup></b>		
Deborah Abel Dance Class	4:00 p.m.	Parish Hall
Sustaining Visions of Justice Workshop	7:00 p.m.	Green Room
Empty Sky Sangha	7:30 p.m.	Parker Hall
Finance Committee	7:30 p.m.	Common Room
<b>Wednesday, April 3<sup>rd</sup></b>		
Deborah Abel Dance Class	1:30 p.m.	Parish Hall
Creative Callings	1:30 p.m.	Parlor
Spanish Academy	4:00 p.m.	Staples Hall
Choir Rehearsal	7:30 p.m.	Sanctuary
Master Singers Rehearsal	7:30 p.m.	Parker Hall



First Parish is an accredited Green Sanctuary and a Welcoming Congregation.

>>> Shop at Amazon to benefit First Parish. <<<



First Parish in Lexington  
7 Harrington Road, Lexington, MA 02421  
781-862-8200/fplex.org

*Weekly Update submissions are due on Tuesdays at 9:00 am.  
Please email submissions or inquiries to [admin@fplex.org](mailto:admin@fplex.org).*

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